



LSDVI Menu

January 15 - January 21, 2018



	Breakfast	Lunch	Supper
Monday	MLK Holiday		
Tuesday	WG French Toast Sticks Scrambled Eggs Fruit Choice Juice	White Beans & Turkey Sausage Turnip Greens WG Roll Cooked Carrots Fruit Choice	Fish Sticks Potato Salad Fruit Choice Cake
Wednesday	Bagel Cream Cheese PC Yogurt Fruit choice Juice	Tangy Chicken Parmesan WG Elbow Noodle Corn Pineapple Tidbits	Red Beans w/ turkey sausage Brown Rice Cooked Spinach Side Salad Fruit Choice Jell-O w/ whipped topping
Thursday	Energy Bar Buttered Toast Scrambled Eggs String Cheese Tangerine	Baked & Seasoned Fish Seasoned Baked Fries WG Rolls Fruit Choice Mixed Vegetables	Grilled Chicken Sandwich L/T/P Cup Cooked Corn Cooked Broccoli Fruit Choice Pudding Cup
Friday	Smoothie Grilled Cheese Sandwich Fruit Choice	Country Fried Steak w/ gravy Mashed Potatoes WG Roll Side Salad Roasted Broccoli Fruit Choice	<u>Sunday</u> Corn Dogs Peas & Carrots Sliced Peaches Milk Choice Cookies

Milk choice is available at every meal.

Menu is subject to change.

USDA is an equal opportunity provider and employer.

